



Follow

Our Cohousing Adventure Blog at

[mycohousingadventure.blogspot.ca/](http://mycohousingadventure.blogspot.ca/)

and Island Myriam at

[www.islandmyriam.wordpress.com](http://www.islandmyriam.wordpress.com)

Visit the Pacific Gardens website at [pacificgardens.ca/](http://pacificgardens.ca/)

### Community Circle



The CLC committee will host a community circle on Friday December 28th at 7:00 pm. A community circle is a good place to practise sharing and listening more deeply in a safe environment.

Within the circle there are four intentions that hold the space together, which when observed, create safety and allow truth and trust to build in this very simple and powerful practice.

All residents are welcome to participate and are encouraged to arrive on time. Starting on time is one of our agreements together and arriving late can disrupt the energy of the circle. If you arrive to find the *Circle in Progress Please do not Disturb* sign posted, please respect it.

submitted by Sharon

### Officel Etiquetta

Here is an appeal from the people who take the time to care for our strata office, or CIA as they call it.



Dear YO

This Community Information office [CIA] is for all. Use when you need and leave soonish not noonish.....

Accounting Legal Committee has the job of keeping your space organized, furnished and clean. Check with Roz and Kathryn first before changing here, thanks eversomuch.....!!!!!!!!!!!!!!!

And Pleehheessssa

- felt pens need their calendars or they are good for nothing, & that's write!
- recycling and rubbish bins want your garbage...they get hungry too.
- books love their shelves, and want to sit upright on them to be show offs.
- give the phone back to its mama to avoid a screaming scene.
- Prop the door open so the office can breathe aaaaaaaahhhhhh
- Turn off the lights before we breathe down your neck!!!
- No Lolligagging on computer so streams of others can have their fix too... use quick like a bunny if you see others hovering and share.....AND.... LOG OFF so we can all LOG ON...!!!!!!!

by Roz

## Gift Wrapping Paper



Avoid buying/using shiny foil wrapping paper.

It is not recyclable and must go in the garbage.

Non-foil gift wrapping paper can be recycled.

It goes in the "mixed paper" recycle bin.

submitted by Gloria

## Community Contributions

Many thanks to those of you who have been putting in regular efforts. It sure helps the place look and run better! If you do not have a job and would like to be outside please talk to Chad or Kari about things that need doing outside in the gardens and on the grounds. If you'd like your contribution to be inside the building with the maintenance team talk to John.

submitted by Kari

## Comings and Goings

Eileen Little leaves us this month to try living in a condo at Longwood.

Rentals Available

Unit 303 - 1 bedroom plus den

Unit 304 - 1 bedroom in shared accommodation

Contact Kari for details

250- 716-0930, unit 102

## Bicycles



I can't help noticing that the bicycle room is overflowing.

It must be difficult for bike users to come and go.

I counted 3 bikes yesterday with flat tires.

One of those bikes has been hanging on the wall for 2 years with a flat tire.

Hub City Cycles is a good place to donate a bike to.

Here is a quote from their website:

"In the interest of keeping good, usable items out of the landfill and in the hands, of people who will give them a happy home, we will gladly accept unneeded and unwanted adult bikes and parts you would like to get rid of if they are in usable condition. Rest assured, your donation will find its way into the possession of someone who will truly enjoy it."

submitted by Gloria

## Pre Christmas Pancake Breakfast and Cleaning Blitz



The Community Contribution Team is hosting a potluck pancake breakfast and cleaning blitz on Saturday December 1st at 9:00 A.M.

Come for the pancake breakfast at 9:00 (there is a signup sheet posted on the strata office window) and join the multigenerational cleaning blitz at 10:00. There will be a light and lively activity, we will present the new community task list and hope to involve everyone who joins in, including the children.

There will be some kind of a job for everyone and special surprise gifts as well. We hope our efforts will have our Pacific Gardens home looking its best for the Holidays.

Mark your calendars and plan to do one of your hours of community service the fun way...in community.

submitted by Sharon